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Total Resistance



Address

Contact Person Charles Todd

Mobile Number

Email

The Total Resistance is a one size fits all safe harness or vest that helps you lose weight, gain muscle, get in shape and rehabilitate. Once you make your purchase you will receive workout video s, a meal guide and monthly tips to help guide you through your fitness journey. Be sure to follow us on Instagram and Facebook @thetotalresistace

For more details, please visit https://www.blackachievers.biz/detail/total-resistance-indianapolis-indiana-2649