Black Achievers
Black Business Directory

Asè Holistic Health Service

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Black-owned holistic health service will bring your life a new, calm meaning. Ase Holistic Health Service is a Black-owned holistic company. Sadaqa Calhoun-Redus is a seasoned holistic health and wellness professional and entrepreneur with over 25 years of experience in fitness, various energy modalities, and alternative health disciplines, is a practicing Reiki Master and alternative health practitioner specializing in Reiki, Quantum Touch, Yoni Steam, Polarity and Meditation, to name a few. Services include: – Yoni Steam -Holistic Counseling/Life Coach -Reiki Massage -Reiki -Asè Wild Woman Dance Tribe Prior to moving to the Cincinnati area in 2016, Sadaqa served as the founder and CEO of Sadaqa's Wellness Center in Cleveland, Ohio – a non-traditional healthcare provider specializing in "energy based" natural healing methodologies that treat the "whole" person – mind, body and spirit. Sadaqa has long had a passion for helping others, which began professionally early in her career as she served as a nursing assistant. The pain of her clients passing on became too heavy on her heart as she often grew attached to her clients and their families – most of whom were terminally ill and in the final stages of life, so she decided that instead of helping people transition from this life to the next that she would help them maintain their lives through fitness, health and wellness. Sadaqa's efforts have since brought relief to many individuals and their families who, prior to working with Sadaqa, suffered from many illnesses and chronic disorders such as Lupus, Fibromyalgia, Cancer, Migraines, Muscular Disorders, and pregnancy complications, to name a few. Today, Sadaqa, through her latest entrepreneurial effort called "Ase" is focused on showing men, women and children that if the energy systems in our bodies (known as Chakras) are balanced, that these amazing physiques that we live in have the power to heal themselves. Sadaqa is a graduate of The American Institute of Holistic Theology where she obtained her Bachelor of Science Degree in Holistic Ministries, and maintains a number of certifications across various health and wellness and energy modalities.

For more details, please visit https://www.blackachievers.biz/detail/ase-holistic-health-service-blue-ash-2544